

ELEMENTS™ SPA

Open seven days a week from 9 am - 9pm
3950 Victoria Avenue, Niagara Falls, Ontario L2E 7M8
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905-353-5619 • www.greatwolf.com



NIAGARA FALLS, CANADA

ELEMENTS™

S P A



Escape, Relax, Rejuvenate...



"A journey of a thousand miles must begin with a single step."

Lao-Tzu



Salon Experience



Experience Elements Spa and Salon

A luxury day spa setting you'll never forget. Reenergize, relax, linger awhile. You'll leave with a new appreciation for just how great you can feel.

Five star services that are customized specifically to meet your every need. The mind, body and spirit connection is restored and rejuvenated with our full service Spa Menu. Using the very best products and latest techniques, our services are sure to leave you with the results you desire. Your journey to wellness begins at Elements Spa.



 NIAGARA FALLS, CANADA



Skin Care Treatment

Spa Facial 55mins \$90.00

Not sure what facial is best suited for your skin type? Then allow one of our Spa Therapists to analyze your skin and customize the treatment specifically for you. Using the best products for your needs, this facial will be the ultimate experience for any guest.

Deluxe Facial 80mins \$135.00

Similar to the Spa Facial in that it is customized especially for you, this facial adds lymphatic drainage techniques and an eye enhancement to make this a deep cleansing, rejuvenating treatment. In addition receive a hand and foot massage to leave you feeling relaxed from head to toe.

or specifically chose

Focus Facial 25mins \$55.00

Re-balance and re-mineralize skin texture with this refining facial. Customized cleansing, toning and exfoliation will leave your skin feeling refreshed.

Radiance Facial 55mins \$90.00 80mins \$135.00

Restore your skin back to its original beauty. Using high percentage serums and masks, this facial is designed for those skins that lack luster and losing tone. Leave feeling refreshed, relaxed and renewed.

Purifying Facial 55mins \$90.00 80mins \$135.00

This deep cleansing, purifying treatment is best suited for those with problem skin. Full extractions and lymph drainage techniques help to repair and prevent future breakouts.

Hydration Boost 55mins \$90.00 80mins \$135.00

Moisture, hydration, and radiance are all restored in this Hydration Boost treatment. Great all year round and especially for those special occasions.

Super-Firm Treatment 55mins \$90.00 80mins \$135.00

For the ultimate in anti-aging treatments, experience this highly effective Vitamin C based treatment. Leaves the skin visibly more firm and youthful, a result that most desire.

Men's Skin Revival 55mins \$90.00 80mins \$135.00

Men need pampering too. This facial includes deep pore cleaning, followed by relaxing massage, and a treatment mask customized to the skin's needs.

Back Facial 55mins \$100.00

Dedicated to purify and relax those hard to reach areas, this treatment will allow you to retreat into total pampering. This treatment is complete with deep cleansing, extractions, and a self-heating mud mask and ends with a lavish back, arm and scalp massage.

Massage Therapy

Please inform us at the time of booking if a receipt is required for insurance purposes.

Relaxation Massage 25mins \$55.00 55mins \$90.00

This treatment focuses on relaxation, blending both essential oils and massage techniques. Performed by a Spa Therapist this treatment is excellent for any Spa go-er.

Therapeutic Massage

25mins \$60.00 55mins \$105.00 85mins \$145.00

Bring your body back into balance with this intense massage that manipulates the deep muscle tissues and relieves stress. This treatment is performed by a Registered Massage Therapist.

Maternity Massage 55mins \$105.00

A modified massage for the swelling aches and stresses that can sometimes accompany a normal pregnancy. This treatment is performed by a Registered Massage Therapist.

Hot Stone Massage 75mins \$145.00

Hot smooth basalt stones are used through a variety of massage techniques designed to suit your body's needs. The heat of the stones allows the therapist to work deep into the muscle as one stroke of the stone is the equivalent to ten strokes of the hand! Refreshing cool stones can be used to compliment the heat upon request.

Foot Reflexology 55mins \$90.00

This ancient technique from the orient uses pressure points on your feet, which correspond to specific energy zones throughout your body. With reflexology massage, blockage and stress are relieved in different areas of your body. You leave feeling like you are walking on clouds.

Hydrotherm Massage 55mins \$115.00

This unique massage system utilizes two warm water-filled mattresses. Feel like you are floating as you drift away during a full-body massage. This is an excellent choice for our guests with existing back problems, special needs, and the elderly.

Add a Vichy Shower exfoliation to maximize your Spa benefits

Couples Suite available for all Massage Treatments



Glows & Scrubs

Rainforest Vichy Therapy 55mins \$100.00

Escape to the Australian rainforest on our exclusive Vichy shower table. Experience a full body exfoliation followed by a deeply relaxing massage under the mist and rain of seven shower jets. A blend of customized essential oils allows you to escape on your journey to wellness.

Caribbean Vichy Treatment 80mins \$145.00

Similar to that of the regular Caribbean Body Treatment, this treatment incorporates the Vichy Shower allowing for complete relaxation and the ultimate spa experience.

Niagara Maple Indulgence 55mins \$110.00

Element' has tapped into the benefits of pure Maple Syrup. Renew your skin with this treatment that is rich in anti-oxidants. Great for sensitive and dehydrated skins.

Mojito Scrub 25mins \$55.00

Using lime, sugar and coconut milk, this treatment is sure to leave you feeling refreshed. Skin is left smooth and silky. Great for all skin types

Add Vichy Shower Massage 55mins \$110.00

Café Cocoa Scrub 25mins \$55.00

Stimulate the skin with this highly active treatment. Caffeine will help to create micro-circulation, which will leave the skin appearing smooth and more radiant.

Add Vichy Shower Massage 55mins \$110.00



Body Therapies

Caribbean Therapy Treatment 85mins \$145.00

A tropical treat: A rejuvenating and nurturing body treatment that uses healing touch and plant ingredients of the Caribbean. It includes an application of warm seaweed on the entire body to smooth and detoxify. A restorative scalp, face and body massage complete this island-inspired experience.

Rosemary Mint Body Wrap 55mins \$95.00

Renew the body and mind with this stimulating and nurturing dry wrap. Your body is exfoliated, moisturized and wrapped while essences of rosemary and peppermint awaken your senses. Finally, a scalp and foot massage complete the invigorating experience.

Seasonal Body Wrap 85mins \$125.00

Using the best ingredients related to the season, these fun, yet effective treatments are sure to be a hit. Experience innovation and creation at Elements Spa. Please inquire with our Spa Reception team



"An inch of time is an inch of gold, but you can't buy that inch of time with an inch of gold."

Chinese Proverb



Hand & Foot

Express Manicure 30mins \$40.00

When time isn't on your side, enjoy this manicure that includes a cuticle clean, nail shaping, massage and polish.

Spa Manicure 60mins \$55.00

Relax with this deep moisturizing treatment for your skin and nails. This experience combines meticulous nail grooming with an luxurious hand and arm massage as well as a paraffin treatment that will leave your hands velvety smooth.

Express Pedicure 45mins \$50.00

The quick way to pamper your feet: A pedicure that includes a cuticle clean, nail shaping, buffing, massage and polish.

Spa Pedicure 55mins \$65.00

The Queen of pedicures: Soothing waters comfort feet while you relax in our massage chair. Slip away with a therapeutic exfoliation, moisturizing paraffin mask, and luxurious foot massage. End your experience with the perfect polish.

French Polish Add \$5

VISIT OUR Scoops CHILDREN'S PAGE
FOR SPECIAL TREATS FOR KIDS



Additional Treatments

Waxing and Sugaring

Prices available upon request



Salon Services

Come to a Salon where the stylists are trained by International educators and where the service begins and ends with pure pampering.



Cut and Finish

| | |
|--------------------|----------|
| Level 1 | \$35.00+ |
| Level 2 | \$40.00+ |
| Level 3 | \$45.00+ |
| Men's Haircut | \$25.00+ |
| Children's Haircut | \$15.00+ |
| Wash & Style | \$25.00+ |

Updo/Special Occasion \$45.00+

Hair Colouring

| | |
|----------------------------|-----------------------|
| Semi-Permanent | \$45.00+ |
| Permanent | \$45.00+ |
| Partial Foils | \$60.00+ |
| Foils/Highlights/Lowlights | \$75.00+ |
| Corrective Colour | consultation required |
| Consultation | complimentary |

Hair Extensions \$7.00 per strand
Loop and Lock System minimum 6 pieces

Extension Consult \$30.00 (deducted from service)
Deposit required for full set



"The softest things in the world overcome the hardest things in the world."

~Lao-Tzu



Welcome to...

**Great Wolf Lodge's spa made just for kids.
We call it "Scoops Kid Spa,"
with services designed exclusively for
the 12 and under set.**

The "menu" of services features ice cream-themed manicures and pedicures. The furnishings for this kid-friendly spa have the look of a modern ice cream shop, with whimsical wall murals, and a pedicure sofa that looks like an oversized ice cream sundae. The services are even themed to match up with a child's personality.

Because life is too short to have just one Scoop!

Chocolate Covered Strawberry Pedicure or Manicure

A sophisticated treat for your hands or feet our chocolate ice cream fizz, followed by a strawberry scrub and chocolate icing. For the creative and organized kid.

Coconut Cream Pie Pedicure or Manicure

A little crazy but oh so yummy, using the coconut ice cream fizz, marshmallow mask, and vanilla icing. For the kids who dare to be different and are adventurous!

Caramel Apple Pedicure or Manicure

You don't have to go to the amusement park to enjoy this sweet treat, using our apple ice cream fizz, caramel mask, and vanilla icing will make you feel spoiled. For those that love to solve mysteries, play games, and just like to have fun!

Peaches and Cream Pedicure or Manicure

It should be called peaches and dream as this one will take you to your favorite place and back using our peach ice cream fizz, vanilla scrub, and vanilla icing.





This is perfect for the kid who likes simplicity and enjoys day-dreaming.

Gummy Worm Pedicure or Manicure

No digging in the dirt for this wonderful and relaxing treatment featuring our chocolate ice cream fizz with real gummy worms tickling your toes, caramel mask, and chocolate icing.

For the hardworking boy or girl who loves being outdoors and likes sports.

Chocolate Brownie Pedicure or Manicure

Smell the delicious chocolate ice cream fizz as it reminds you of home baked brownies, followed by a delicious chocolate scrub and chocolate icing on top. For the lively and creative kid who likes to indulge.



Scoops for Kids Pricing:

Scoops Manicures

\$35.00

Scoops Pedicures

\$45.00

Make-up Touches

\$25.00

Spa Packages

Welcome \$235.00

- Focus Facial
- 25min Relaxation Massage
- Express Manicure
- Express Pedicure
- Includes Gratuity

The Experience \$310.00

- Therapeutic Massage (55mins)
- Spa Facial
- Spa Pedicure
- Includes Gratuity

Forever Young \$350.00

- Niagara Maple Indulgence
- Radiance Facial (80mins)
- Express Pedicure
- Includes Gratuity

Make Me Over \$99.00

- Cut & Style
- Express Manicure
- Includes Gratuity

Little Miss Great Wolf \$100.00

- Updo with Tiara
- Scoops Pedicure
- Scoops Manicure
- Includes Gratuity



Spa Menu

Cheese Sampler

An assortment of domestic cheeses served with crackers and fresh fruit. \$9

Chocolate Dipped Strawberries

½ dozen \$8

Full dozen \$14

Yogurt Parfait

\$4.99



White Wine

Lodge Chardonnay

\$9.99 9oz. glass

\$28.99 750ml bottle

Lodge Pinot Grigio

\$9.99 9oz. glass

\$28.99 750ml bottle

Red Wine

Lodge Cabernet Sauvignon

\$9.99 9oz. glass

\$28.99 750ml bottle

Lodge Merlot

\$9.99 9oz. glass

\$28.99 750ml bottle

Blush

Hernder Estates Pink

\$9.99 9oz. glass

\$28.99 750ml bottle

Sparkling Wine

Freixenet

\$33 750ml bottle



Spa Etiquette

Arrival

For your ultimate comfort and relaxation, we ask that you arrive fifteen minutes prior to your scheduled treatment time. Tardiness will result in a loss of precious treatment minutes.

Cancellations

If you must cancel or reschedule an appointment, we ask that you give us 24 hours advance notice for single service and 48 hours for multiple services to avoid charges. We thank you for your understanding regarding these policies. Trust that we will do all that we can to avoid cancellation charges.

Spa Etiquette

Please refrain from using cell phones, pagers, and laptops while visiting the Spa. The Spa is an area of tranquility and relaxation so please consider it a Whisper Zone.

Although children are permitted in the Spa, we ask that parents inform their children that the Spa is a Whisper Zone.

Please refrain from bringing outside food into the Spa. For your convenience a Spa Menu is provided.

An auto-gratuity will be added to all groups of five or more and all Gift Certificate purchases.

Groups & Spa Parties

Elements can accommodate groups of any size. Contact our spa Group Coordinator to arrange your special day.

Gift Certificates

Spa gift certificates are a wonderful way to give the gift of wellness to the special people in your life. Gift Certificates can be purchased for any service or dollar amount.



